

SIK-E-DAKH

A HEALTHY, SAFE POSITIVE COMMUNITY
THAT IS SELF SUFFICIENT NOW AND FOR
FUTURE GENERATIONS



Job Title: Community Fitness Educator

Hours: 35 hours/week

Location: Sik-E-Dakh First Nations

Position Summary:

We are seeking a dynamic **Community Fitness Educator** to inspire and guide individuals of all ages in achieving their fitness goals. This role includes leading fitness classes, offering one-on-one coaching, and promoting wellness through a variety of activities such as team sports (basketball, floor hockey, soccer), group fitness, and educational events. The ideal candidate will be experienced in working with diverse age groups and flexible enough to work evenings and weekends.

Key Responsibilities:

- **Lead Fitness Classes & Team Sports:** Instruct group fitness sessions and team sports (basketball, floor hockey, soccer) for all ages (children, adults, seniors).
- **Personalized Coaching:** Provide one-on-one fitness guidance, helping individuals reach personal goals and improve overall health.
- **Program Development:** Create and adapt fitness and sports programs to cater to different age groups and skill levels.
- **Community Engagement:** Build relationships within the community to increase participation in wellness activities.
- **Event Planning:** Organize and execute fitness and sports events, challenges, and workshops to engage the community.
- **Education & Safety:** Educate on fitness, nutrition, and wellness while ensuring safety in all activities.

Qualifications:

2+ years of experience in fitness instruction, teaching a variety of classes and sports.

Relevant certifications (Group Fitness, CPR/AED).

- Strong knowledge of fitness principles, team sports, and the ability to adapt programs for various age groups.
- Excellent communication, interpersonal, and motivational skills.
- Flexible schedule with the ability to work evenings and weekends.
- Experience with senior or youth fitness programs preferred.

Benefits:

- Flexible schedule
- Professional development opportunities
- Salary: \$20-\$25 per hour, depending on qualifications and experience

To Apply: Submit your resume and cover letter to Band Administrator @ administrator@glenvowell.ca by 4:30 PM on February 14, 2025. All applicants must comply with the Criminal Records Review Act